

INTERSECTIONS:

Youth Sports Impact on Mental Health



Join us for an informative and timely panel discussion on the intersections between sports, recreation and mental health for youth.

Save the Date: **Tuesday, November 15**

Time: **1 pm – 2:30 pm**

Virtual Zoom Conference

Register today!



<https://tinyurl.com/youthsportsandmentalhealth>



All in for **AZUSA**



Healthy San Gabriel Valley

Local Action. Regional Impact.