



MONDAY



INSTAGRAM AND FACEBOOK REELS

Every Monday and Friday

WIN will be using reels to share resources, latest events and activities for the family to enjoy together and more.

facebook.com/winfamiliesla
instagram.com/winfamiliesla

TUESDAY



AFTERNOONS WITH WIN

Every Tuesday
3:30-4:30 PM

On Tuesdays, join us in the conversation with parents/caregivers to talk about this weeks topic, Preparing kids for a new sibling!

linktr.ee/winfamilyevents

WEDNESDAY



MINDFUL MOMENT

What Do You Hear?
Choose a song you've never listened to before, or step outside. Whatever you decide, stand still and listen.

What do you hear?
Birdsong? A thrumming base? Focus on each individual sound that makes up the music you hear. Mindfully listen to everything. Hear how it fits together. Breathe.

THURSDAY



FAMILY FUN ZOOM

Every Thursday
4:00 PM - 5:00 PM

Join WIN for a Family Fun Zoom full of FUN kid-friendly activities.
linktr.ee/winfamilyevents

BARNSDALL ARTS: INTERNATIONAL FOLKTALES

Every Thursday
5:00 PM

This group will read stories together and create crafts based off the stories.

This cohort is full, but if you are interested in joining a future session, please contact Exsenet Esler at

exsenete@winla.org
or (424) 214-0575

FRIDAY



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ALL EVENTS ARE FREE AND VIRTUAL
FOR FAMILIES WITH YOUNG CHILDREN AGED 0-5

 = EVENTS BY PHONE OR VIDEO

We are looking for more participants! If you are a parent with young children living in west or south LA, feel free to join our WIN community events!