



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.

United Mental Health Promoters

The United Mental Health Promoters of Los Angeles County provide educational workshops to individuals and families seeking needed resources on prevention and early intervention in mental health. The promoter is not a clinician or psychiatrist, and for this reason, he/she cannot state his or her opinion on psychological treatment or medications.

**Curtis Tucker Center for Community Wellness and United Promoters of
Mental Health invite you to participate in the following
Free virtual workshops that will be on [Microsoft Teams](#)**

12/07/22 – **Anxiety Disorders**

12/14/22 – **Symptoms & Treatments of Depression**

12/21/22 – **Mental Health & Stigma**

12/28/22 – **Immigration, Adaptation, and Resilience**

01/04/23 – **Emotional Health and the Brain:**

The Effect of Covid-19

01/11/23 – **Stages of Grief and Loss**

01/18/23 – **Suicide Prevention**

01/25/23 – **Drug and Alcohol Prevention**

02/01/23 – **Familial Violence Prevention**

02/08/23 – **Child Abuse Prevention**

02/15/23 – **Childhood Disorders:**

Neurodevelopmental Disorders

02/22/23 – **Childhood Disorders: Anxiety and**

Emotional Disorders

03/01/23 – **Childhood Disorders: Other Disorders**

When: Wednesdays

Time: 11:00 a.m. –12:00 p.m.

[Click Here to Join the Microsoft TEAMS meeting](#)

Or dial (audio only)

One tap mobile

[\(323\)776-6996](tel:(323)776-6996), [933248380#](tel:933248380)

Teleconference: (323)776-6996

Phone Conference ID#: 933 248 380#

Facilitator: Mercy Aguirre

MeAguirre@dmh.lacounty.gov

(424)240-8057



To coordinate a workshop or for more information regarding the Promoters Program, please contact:

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