

Subject: **COMING UP:
Youth Mental Health First Aid Trainings hosted by OVP in
English and Spanish**

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in English and Spanish**

In our continuing effort to support the mental health of young people, we are hosting an additional two Youth Mental Health First Aid trainings.

Youth Mental Health First Aid (YMHFA) equips participants with the knowledge and tools to confidently address mental health and substance use concerns among young individuals. YMHFA provides an action plan to safely identify and respond to someone dealing with a mental health problem or experiencing a crisis.

We invite you to join this important training to better understand common mental health challenges and make a positive impact in your community. The training includes breakfast, lunch, and a certificate of completion for all attendees.



**Youth Mental Health First Aid
(for Spanish Speakers)**

Friday, December 8, 2023 (8:30 AM – 5 PM)

Location: Mary Rodriguez Senior Citizen's Center
21815 Pioneer Blvd,
Hawaiian Gardens, CA 9071

[>> YMHFA Training Flyer \(Spanish Speakers\)](#)

Sign up via Eventbrite



**Youth Mental Health First Aid
(for English Speakers) - Waitlist Only**

Friday, December 15, 2023 (8:30 AM – 5 PM)

Location: Crossroads United Methodist Church
2354 N Wilmington Ave,
Compton, CA 90222

[>> YMHFA Training Flyer \(English Speakers\)](#)

Sign up via Eventbrite

As we approach the end of the year, the OVP team is grateful to all of you, who have engaged with us in this work, whether it be by attending one of our events, signing a pledge card, or advocating for gun safety in your community. We are fortunate to have such dedicated partners as we work together to achieve our common goal of preventing gun violence and creating safer communities.

Warmly,
Andrea Welsing, Executive Director
Los Angeles County Office of Violence Prevention



Want to get in touch?

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