

PLEASE JOIN THE
LACDMH Anti-racism, Diversity and Inclusion (ARDI) Division
AT THE

Women and Girls Leadership and Wellness Summit

March 30, 2024

11 AM - 3 PM

EVENT DECK at LA LIVE

1005 Chick Hearn Ct Lot W, Los Angeles

Don't miss this engaging event, featuring:

- **Resource booths** from the LA County Department of Mental Health, local nonprofits & women's pro LA sports teams (11 AM-1 PM)
- **Career & pathway discovery** with women in leadership roles (11 AM-1 PM)
- **Wellness activities** (sound baths, tarot/palm analysis, breath work, guided meditation) (11 AM-1 PM)
- **Catered lunch**, courtesy of Wolfgang Puck (12 PM)
- **Panel discussion** moderated by Born This Way Foundation's Shadille Estepan (1 PM)
- **Meet & greet** to discover unique career opportunities & options for success (2:30 PM)



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.



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CalMHSA
California Mental Health Services Authority